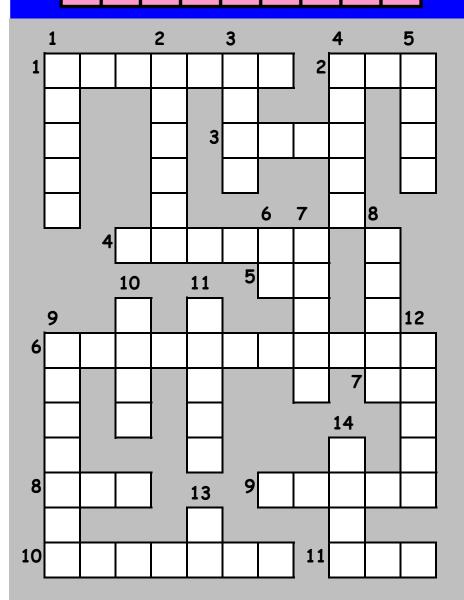
## BODY SAFETY CROSSWORD

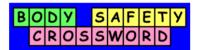


## ACROSS:

- 1. Some parts of your body are \_ \_ \_ \_ \_.
- 2. If someone tries to touch your private parts, \_ \_ \_ something about it!
- 3. Not all sexual abusers look scary. An abuser might even be someone you \_ \_ \_ \_ .
- 4. Talk to your \_\_\_\_ to learn how you can work together to be safe.
- 5. If you need to talk about a problem, go to one of your parents \_ \_ another trusted adult.
- 6. Your private parts are covered by your \_ \_ \_ \_ \_ (2 words)
- 7. If someone tries to touch your private parts, say \_ \_!!!
- 8. Try not to be \_ \_ \_ about asking for help when you need it.
- 9. At school, you might be able to talk to a teacher or a \_ \_ \_ \_ .
- 10. If the first person you tell doesn't help you, then tell \_ \_ \_ \_ else!
- 11. Getting help from a trusted adult is the best way to make abuse \_ \_ \_.

## DOWN:

- 1. A \_ \_ \_ is a private part that only boys and men have.
- 2. A \_ \_ \_ is a private part that only girls and women have.
- 3. If someone abuses you,  $\_\_\_$  a trusted adult.
- 4. If you are ever abused, don't keep it secret. Go ahead and \_ \_ \_ \_ up!
- 5. If someone touches your private parts and won't stop when you tell them to, then \_ \_ \_ \_ !
- 6. You have the right to say \_ \_! if someone touches your private parts.
- 7. Think of the names of some adults you could \_ \_ \_ \_ to help you if you are ever abused.
- 8. If you ever need to tell someone about abuse, just take a deep breath and  $\_\_\_\_$  talking.
- 9. The  $\_\_\_\_$  are parts that are private only on girls or women.
- 10. A trusted adult is any grownup you can count on to help you  $\_\_\_$  safe.
- 11. Never wait to tell someone about abuse. Do it \_ \_ \_ \_ away!
- 12. If you don't want to be touched by someone, then they should not \_ \_ \_ \_ you.
- 13. If someone tries to hurt you, \_ \_ to a safe place where there are other people.
- 14. Remember all of these tips so that you can stay \_ \_ \_ \_.



Dear Mom & Dad:

Thank you for downloading the Body Safety Crossword.

Please sit down with your child and enjoy this puzzle with them. The best time may be after you have had a talk about staying safe from sexual abuse.

This puzzle is designed to help you review and reinforce some very important lessons:

- 1. Always use the correct names for your private parts rather than made-up names. If kids are not used to using the correct names, it can make it harder to tell a trusted adult if abuse ever happens.
- 2. It is very hard for some kids to tell. The person who touched their private parts might have told them that it is OK or no big deal.
- 3. Many children who are abused feel trapped by their fears. They are often afraid that they will be blamed for the abuse, or that they will not be believed, or that their family's life will be disrupted, or that they abuser may harm them or someone they care about. Sometimes they simply do not want the abuser to get in trouble.
- 4. Children often decide to wait before they tell. They may find the situation too hard to deal with, or they may hope that the abuse will simply stop. But if the abuser continues to have access to the child, the abuse will probably continue sometimes for years.
- 5. The best thing for a child to do is to tell a parent or other trusted adult right away. Please encourage your children to be assertive, and assure them that it is always safe to tell you if anyone touches their private parts.

For more information and resources to help you keep children safe, please visit us at www.ecu.edu/tedibear.



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